



# Beauty's Secret

A Girl's Discovery of Inner Beauty





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A Girl's Discovery of Inner Beauty

*Heartlight Girls™*  
*Series*

BOOK  
ONE

By Debra Gano  
Illustrated by Dawn Pitre



*Heartlight Girls™*

Denver, Colorado



## BEAUTY'S SECRET: A Girl's Discovery of Inner Beauty Heartlight Girls Series Book One

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## Author's Note

Each of us is born with an eternal essence in our soul, what many call “a spark of the divine.” This beautiful light, our true self, remains within us throughout our lives, yet often its radiance dims as it becomes buried under layers of cultural conditioning and false perceptions. We go through our lives believing that who we are, and what will make us happy, can be found externally. In truth, the key to our joy is found within, and has been there all the time.

The Heartlight Girls™ series reminds us of this truth by removing the illusions we often believe to be true, allowing the beautiful light and internal strength of the true self to be revealed fully. The words on the pages of these books come openly from my own heart. I have walked this journey myself, searching many years for this light and strength, only to discover it was within me all along.

It is my passion to bring this awareness to our youth. I firmly believe that by remembering the truth of who they really are, they will be empowered to live life to the fullest. Rather than using their energies to search for something “out there,” our children can now resourcefully direct their energy to make their own lives, as well as our planet, a much better place.

I invite you to join me in this mission by supporting positive messages of empowerment and truth. Together we can bring about miraculous changes in the world, and celebrate the inner light that connects us all!

*With love and light in my heart,*

A handwritten signature in black ink that reads "Debra Gano". The signature is fluid and cursive, with a long horizontal stroke extending from the end of the name.

Debra Gano  
Founder, Heartlight Girls

*To my Ella,  
You truly are a bright light,  
beautiful inside and out.*





ONE

# Meet Beauty

*The perfection of outward loveliness is the soul  
shining through its crystalline covering.*

—Jane Porter, English novelist and playwright (1776–1850)

In a town along the ocean, on an evening when the sun painted the sky as it set into the water, a baby girl was born. She smiled immediately, a knowing smile of someone with a secret. More noticeable, however, was the beautiful, brilliant light she radiated.

The baby's mother, a wise and soft-spoken woman, looked admiringly at her daughter and said to the father, "Do you see her glow?"

The father simply nodded, unable to take his eyes from his little girl. Normally a man of many words, known for his sense of humor and tendency to tease, he remained unusually quiet, overtaken by the birth of his daughter.

Then, looking out the window to the setting sun, the mother continued, "The sunset is so beautiful this evening, yet our little girl has a beauty that outshines even the most glorious sunset. I think we should name her *Beauty*."

Again the proud father nodded, and Beauty became her name.